

**British Psychoanalytic Association**  
ANNUAL OPEN MEETING

## Scientific Meeting

**Saturday 24 November 2018**  
**11.00 am – 1.00 pm**

**Caroline Polmear**  
will present her paper

### *Listening to Unconscious Communication*

Friends Meeting House  
17 North Square  
Hampstead Garden Suburb  
London NW11 7AD

Coffee and biscuits from 10.30 am

Free parking. Nearest Underground: Golders  
Green Station – then either 15-mins walk, or H2  
bus towards Heathgate (4 mins) plus 7-min walk.

**Tickets £22.00**

Contact Nina Wessels at  
[NinaWessels@hotmail.com](mailto:NinaWessels@hotmail.com)

to request an invitation via Eventbrite  
through which you can buy your ticket  
online.

In this paper Caroline Polmear reminds us that transference is a communication from the patient's *unconscious* to the analyst's *unconscious*. A primary task for the analyst then becomes that of listening to and deciphering that communication in order to become conscious of its rich and complex nature. Through clinical illustrations, she explores various ways in which we listen including: noting slight variations we or the patient make to the setting; listening to our counter-transference and in particular to our enactments of the counter-transference; listening to the developmental level of the patient's communication; being aware and listening to the process in and between sessions, and listening with the help of a third person.

Caroline Polmear is a Training and Supervising Analyst of the British Psychoanalytical Society and Institute. She has an interest in clinical teaching, in particular how to teach listening to unconscious communication. In the past she worked at the Brent Adolescent Centre and continues her interest in work with young people through her supervision of student counsellors at UCL Student Psychological Services. Her private psychoanalytic practice is in work with adults.